## **IN THE ABSTRACT**

Please substitute the following Abstract for the Abstract contained in the application.

## ---Abstract of the Disclosure

A fixing unit is provided with a fixing belt that heats recording paper that bears and moves a toner image, an exciting coil that generates magnetic flux in the fixing belt and causes the fixing belt to produce heat by electromagnetic induction, and a heat production adjustment section that adjusts the calorific value distribution of the fixing belt by adjusting the magnetic flux acting upon the fixing belt.